

# INSIGHTS

*I have not been given a spirit of fear*

## GO AHEAD, TALK YOURSELF INTO IT

BY DR. DENNIS BURKE

### Great speeches are inspiring.

Vast multitudes of people can be moved by words of passion, vision, or determination. There is no question that persuasive men and woman have shaped societies, inspired great businesses, and bolstered amazing courage in times of conflict.

The influence of some speeches can last for generations capturing an emotion or creating a defining moment.

Consider these powerful statements and how they influenced history:

- “There is nothing to fear but fear itself.”  
(President Franklin D. Roosevelt)
- “We shall never, never, never give up!”  
(Winston Churchill)
- “I have a dream!”  
(Martin Luther King, Jr.)

Words like these have left a mark in history. Words matter. The words we hear and the words we speak set a course in our lives.

As believers, we know the words that matter the most are the words God speaks and the words we hear.

One of the most pivotal moments in human history came when an angel of the Lord appeared to the virgin Mary and told her something amazing. Gabriel announced, “Rejoice, highly favored one, the Lord is with you; blessed are you among women” (Luke 1:28).

He went on to tell her she would give birth to the Son of God. She sincerely asked how this could happen. Gabriel’s reply is packed with revelation: “For with God nothing will be impossible” (v. 37).

The words ‘nothing’ and ‘impossible’ in the original text are both compound words. When we look at the Greek words the definition significantly impacts their meaning.

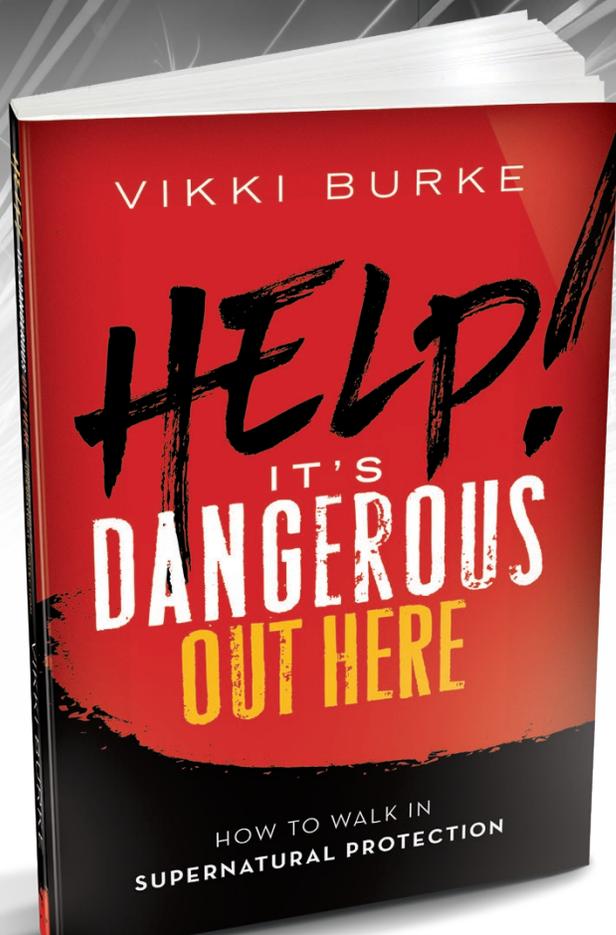
# It's SUPER- NATURAL

Escaping the Red Sea.  
Surviving the lion's den.  
Blasting Jericho's walls.  
God did it all under the Old  
Covenant. What we have in  
Jesus is far better.

Learn through modern-day examples the undeniable reality of God's supernatural protection at work:

- Receive the same extraordinary bravery of our scriptural forefathers
- Avoid deadly mistakes
- Get immunity to the devil's attacks
- Armor up with protection scriptures

Cast aside self-sabotaging doubts and fears and learn—once and for all—how you can operate with an unshakable, fierce confidence in God's supernatural protection.



817-277-9627 | DennisBurkeMinistries.org

BOOK  
\$15  
(B27)

EBOOK  
\$9  
(B27)



Notice how the Greek word strengthens this verse: No spoken (rhema) word from God is without the power (dunamis) to bring itself into existence.

Every Rhema Word from God contains the dynamite power to bring itself into existence.

Rhema is a specific word God speaks from scripture that comes alive in our heart. In Ephesians 6:17, Paul tells us to take the rhema of God and use it as a sword releasing its power by faith declaring His rhema.

When we speak a rhema, the power of the Holy Spirit within us is released like a sword—a weapon to make things right.

We need to make a habit of letting God's Word speak living, life-giving words into our heart. And then, boldly declare those very words over our own life.

## Talk Yourself into It

We can literally *talk* ourselves into the position of greater peace, health, and power. However, the right kind of self-talk begins with the way we think. The key is, when our thinking is rooted in scripture we will be empowered to speak God's thoughts in our words.

This is the very purpose of Isaiah 55:8-11:

“For My thoughts are not your thoughts, Nor are your ways My ways,” says the Lord. “For as the heavens are higher than the earth, So are My ways higher than your ways, And My thoughts than

your thoughts. For as the rain comes down, and the snow from heaven, And do not return there, But water the earth, And make it bring forth and bud, That it may give seed to the sower And bread to the eater, So shall My word (Rhema) be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper in the thing for which I sent it.”

God's thoughts become powerful weapons against Satan's attacks when we speak them over our own life. This goes beyond thinking His thoughts. It is declaring them *about* yourself, and *to* yourself.

John's gospel begins with the revelation that Jesus *is* the Word, the Logos of God. He is the perfect expression of the Father.

Next, Jesus begins to release the forces of Divine life (zoe) with His words. “It is the Spirit who gives life; the flesh profits nothing. The words (rhema) that I speak to you are spirit, and they are life” (John 6:63).

Lastly, Jesus announces that the power of God is released through *our* spoken words: “... assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you” (Matt. 17:20).

Our words spoken in faith make nothing impossible or without power! Notice the many ways this is idea is expressed:

## UPCOMING MEETINGS



### ALTAMONTE SPRINGS, FL | JULY 10

Word of Faith Church | 285 W Central Parkway  
Altamonte Springs, FL 32701 | 407-834-0077

### TULSA, OK | JULY 24

Millennial Church | 6355 E. Skelly Drive  
Tulsa, OK 74135 | 918-924-6509

### VISALIA, CA | JULY 31

Praise Center Church | 420 West Murray Avenue  
Visalia, CA 93291 | 559-733-2744

### LONDON, KY | AUGUST 28

Grace Fellowship Church | 911 TLC Lane  
London, KY 40741 | 606-864-4635

### BAKERSFIELD, CA | SEPTEMBER 11

Kern Christian Center | 4701 Gosford Road  
Bakersfield, CA 93313 | 661-664-1000

### MESA, AZ | SEPTEMBER 17-18

Living Word Bible Church | 3520 E. Brown Road  
Mesa, AZ 85213 | 480-964-4463

*“Dr. Burke’s visit with us at World Harvest Family Church was amazing. The Word given was on point and fresh to today! Our people received it with open hearts and we hear testimonies of a touch from God while being ministered to at the altar. Many ministers shy away from personal altar ministry time, but not Dr. Burke. He was ready to allow God to use him to give words of wisdom and speak life into our congregation! We cannot wait to have Dr. Burke back again next year!”*

—Pastors Jaime & Stephanie Gonzales | Edinburg, TX

- “Words are containers for power, *you* choose what kind of power they carry.” (Joyce Meyer)
- “There is power in words. What you say is what you get.” (Zig Ziglar)
- “Words kill, words give life; they’re either poison or fruit—you choose” (Proverbs 18:21 MSG).

Jesus said, “For assuredly, I say to you, whoever *says* to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he *says* will be done, he will have whatever he *says*” (Mark 11:23).

Notice in this verse Jesus uses the word ‘says’ three times, while He only mentions ‘believe’ once. This emphasizes how important it is to use our words as powerful tools of faith.

## Personal Power Talk

This personal power talk begins with allowing God’s thoughts to dominate the thoughts we have about ourselves. What do you say about yourself?

Learn to speak to yourself like you speak to someone you love. Encourage yourself, motivate yourself, and use your words to lift yourself. When people say things that are discouraging or hurtful don’t take the bait. Don’t allow them to hurt you. Instead, encourage yourself. When no one else will do it, then do it yourself.

People who are in the habit of criticizing themselves are also apt to be critical and harsh on others. Maintaining the habit of speaking uplifting and encouraging words to yourself pays big benefits spiritually, mentally, and even physically.

Look at the example of how John the Baptist spoke about himself. When he was asked about who he was, the answer he gave is packed with insight:

Then they said to him, “Who are you, that we may give an answer to those who sent us? What do you say about yourself?” He said: “I am ‘The voice of one crying in the

wilderness: ‘Make straight the way of the Lord,’” as the prophet Isaiah said” (John 1:22–23 NKJV).

John found himself in Isaiah 40:3, and boldly



spoke it about himself. He defined himself and fearlessly announced he was the person God said he was—

the voice. John took God’s Words and made them his words. He said of himself exactly what God said. Like John, we can talk ourselves into living in all that God’s Word has

promised. But first we must change the way we think about ourselves until our thoughts harmonize with God’s thoughts. This change comes when we meditate in God’s Word. (For more

**WHEN WE SPEAK A RHEMA, THE POWER OF THE HOLY SPIRIT WITHIN US IS RELEASED LIKE A SWORD— A WEAPON TO MAKE THINGS RIGHT.**

CONTINUED ON BACK ►

**GIVING OPTIONS** | We now offer these convenient, secure options for giving. Feel free to contact us if you have any questions or need more information about these services:

 PayPal account: [store@dennisburkeministries.org](mailto:store@dennisburkeministries.org)

 Zelle QuickPay account: [dbm@dennisburkeministries.org](mailto:dbm@dennisburkeministries.org)



Dennis Burke Ministries  
P.O. Box 150043  
Arlington, TX 76015

Return Service Requested

Non-Profit Org.  
U.S. Postage  
**PAID**  
Arlington, Texas  
Permit No. 253

teaching on meditating, get my book or CDs on *How to Meditate in God's Word*).



Second, we turn God's thoughts into declarations and speak them in faith. Regardless of what circumstances look like, say it, and keep saying it until it takes root in our lives. When we continue to do this, we will see it change

us from who we have been into the person God designed us to be.

The power to transform your thinking and your life is in the power of *your* words. There are wonderful new victories waiting for you. And you can talk yourself into it!

**We need your help!** Please help us curb unnecessary waste and expense by sending your change of address. Write or E-mail us at [dbm@dennisburkeministries.org](mailto:dbm@dennisburkeministries.org). If you currently receive more than one copy of *Insights* please notify us. | Summer 2022 *Insights—The Way to a New Life* is published quarterly by Dennis Burke Ministries, a nonprofit corporation, Arlington, Tarrant County, Texas. ©2022 Dennis Burke Ministries. All rights reserved. Editorial Consultant: Cynthia D. Hansen. Art Direction: SaltarMedia.com. Reproduction of this publication in any manner, in whole or in part, without the prior written permission of the publisher is prohibited. *Insights—The Way to a New Life* and the logo on this publication are trademarks of Dennis Burke Ministries, in the United States of America and in international countries where *Insights—The Way to a New Life* circulates. Printed in the United States of America. For a free subscription, please write to Dennis Burke Ministries, P.O. Box 150043, Arlington, Texas 76015. Visit our website at [DennisBurkeMinistries.org](http://DennisBurkeMinistries.org).



Dennis Burke Ministries



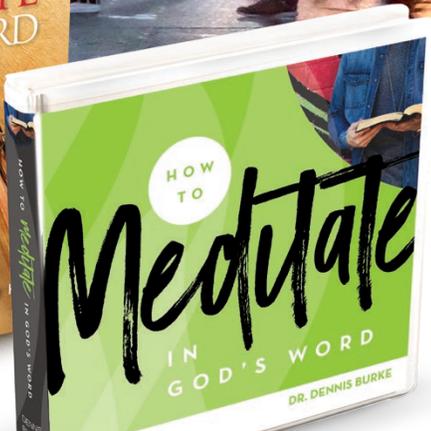
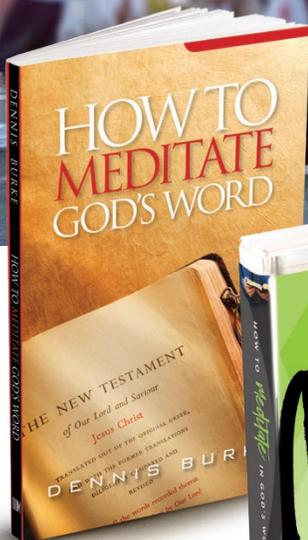
[DennisBurkeMinistries.org](http://DennisBurkeMinistries.org)



@DrDennisBurke



[dennisburkeministries](https://www.instagram.com/dennisburkeministries)



**FILTER OUT THE NOISE** » CREATE POSITIVE CHANGE THROUGH GOD'S WORD

God has a bright future in store for you, and He's given his powerful Word to help your mind to filter out worldly influences. Through this package, you'll learn to *apply His way of thinking to create the real, positive changes you want to see.*

**PACKAGE**



[DennisBurkeMinistries.org](http://DennisBurkeMinistries.org) | 817-277-9627